

# SWKM-OSG NEWSLETTER

ISSUE MAY 2015

## MESSAGE FROM GRAND MASTER

Honour, not religion, not military, not philosophy, your honour and integrity must stand for something, as a Knight. If you choose not to have them, you have no Honour, no Integrity, no Accountability, no Transparency, and no Humility; then you stand not alone in the world of thieves, but along side of them, now you become a true SLAVE of the dark-side. This is individual; it cannot be attributed to any philosophy. Either you have honour, or you do not, if you do not, you are not a true Knight. Anything within your direct control must be completed.

Grand Master Stephen Palmer



### *Reminder of our Tenants*

1. Unconditional Love for all life [no judgment, total tolerance, re-education when needed and requested].
2. Integrity [no passing out things or statements that have not been fully vetted, no lying or leaving out the truth of any matter, Novels are exceptions as are motion pictures, news and journalism however should not present propaganda for or against anyone or thing, all journalism should be reliable and honest].
3. Transparency [No secrets, everything exposed, no need for security or insanity, no need to control or hoard, everything in plain sight].
4. Accountability [What we say we will do, we accomplish, if we cannot do it, we will say we cannot do it. We will in all important matters be individually responsible for all of our actions and words].
5. Humility [We are not more or less important than any other living entity, whether sentient or not, we will not lord over others, and will not exert ego into any situation, only our advice for consideration based on experience, and only in a loving and compassionate way].



## UQD FOUNDATION NEWS



UQD is pleased to welcome Dr. W. John Martin, MD, PhD to its Faculty of Medicine, Founder and current Medical Director of the Institute of Progressive Medicine (a component of MI Hope Inc a non-profit public charity). His prior appointments include tenured Professor of Pathology at the University of Southern California School of Medicine (as well as Director of Molecular Microbiology and Immunopathology in USC Clinical Diagnostic Laboratories); Associate Professor of Pathology at the Uniformed Services University of the Health Sciences, Bethesda Maryland; Head of the Virus Oncology Laboratory, within the then Bureau of Biologics of the US Food and Drug Administration. His current research is focused on an alternative cellular energy (ACE) pathway that differs from cellular energy obtained from the metabolism of food. The ACE pathway provides a major defense against virus infections, including those caused by stealth adapted viruses. These brain-damaging viruses are not effectively recognized by the immune system.

[www.uqd-edu.eu/pages/JohnMartin/docs/Stealth%20Adapted%20Virus%20Induced%20Mental%20Illness%20Contributing%20to%20Inner%20City%20Turmoil.pdf](http://www.uqd-edu.eu/pages/JohnMartin/docs/Stealth%20Adapted%20Virus%20Induced%20Mental%20Illness%20Contributing%20to%20Inner%20City%20Turmoil.pdf)  
[wjohnmartin@ccid.org](mailto:wjohnmartin@ccid.org)

Highlighting the Works of our Knight Commander, Lady Suzanne Edwards (Canada).



Lady Suzanne is a dedicated environmentalist and conservationist. Her interest is “anything GREEN”.

Lady Suzanne has created a children’s animated TV show called “Bartholemew a Green Adventure” which she hopes to see on the BIG screen someday. Please visit:



<http://www.niagarafallsreview.ca/2010/08/09/caterpillar-touted-as-icon-for-environment>  
<http://bartholemew.webs.com>

By day she is a healthcare professional, by night she is a Freelance Environmental Writer (and more recently Spiritual Writer).

<http://www.examiner.com/green-culture-in-toronto/suzanne-edwards>

She is also an inspiring Entrepreneur and has designed fashion covers to keep trash in the recycle bins and not in the environment.

<http://ecocapsniagara.com>



## Knights in Action

In each issue, this section will showcase all the Great Work that our White Knights, UQD Professors or “Friends of the White Knights” are doing worldwide in their own communities.



This month we are providing an update on a previously featured “Friend of the White Knights”, Michael Telling, and his UBUNTU Party. Michael has been extremely busy as of late. With the recent May 7<sup>th</sup> elections in the UK, “planting seeds” towards the Canadian elections in Canada in 2016, hosting online Ubuntu workshops, as well as gathering an impressive 3500 signed petitions (as seen in the picture above) to help launch his political UBUNTU 2016 campaign in the South African area known as Waterval Boven from his door to door campaign. Michael has also published an e-book (available in English, German, Croatia and Swedish, more to come) on the subject of UBUNTU and the concept of Contributionism. For more info, please visit his website: <http://www.ubuntuparty.org.za>

“UBUNTU Contributionism in one small town can bring the rapid end to capitalism and corporate control of our people and our countries and replace it with abundance for all and complete freedom and a return of human sovereignty everywhere. If this sounds like a dream to some, I suggest they learn to become dreamers - because I am not the only one”.

Michael Telling

Highlighting the Works of Knight Commander, Sir Steven (Steve) Cozzi (USA).



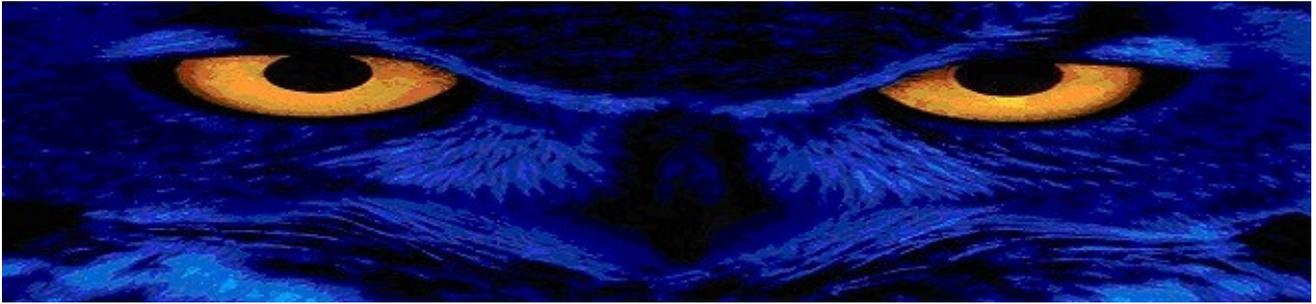
Steven is a published Author and is well versed in a number of esoteric traditions from around the globe.

In March of 1969, he began to study yoga in- person with the hidden Master Sri Shellyji (Shelly Trimmer). Steve started teaching Kriya Yoga and Hatha Yoga in 1971 in Boulder and Denver Colorado. Steven has also been practicing Astrology since 1969. He is one of a small number of nationally certified astrologers by the National Council of Geo-Cosmic Researchers. He is most known for his classic book, “Planet in Locality-Exploring local space astrology” , but he also penned “Generations and the Outer planets Cycles” and, “Gray Mist at Dawn”, a book about the life of Shelly Trimmer, a Western Yogi, and direct disciple of Paramahansa Yogananda. To find out more about or to order one of his very fascinating books, key in both “Steve Cozzi” and “Steven Cozzi” on Amazon <http://www.amazon.com>



# Change

## Pay Close Attention



### *Do you Have Story Ideas or Content for Next issue?*

We intend to have a monthly issue of Our Newsletter. If you have a great story to share/tell or perhaps a resource (or video you wish to share) in the next issue, do let me know. If you wish be featured in next month's "Knights in Action" section just ask! You do not have to be a Knight yet to include content or be featured. Apprentices are welcome and encouraged to do so. Also, UQD Professors and "Friends of the White Knights" are also welcome to submit content. Within SWKM-OSG ALL are equal. Please do feel free to share anything that inspired you along your spiritual path that you feel might be of interest to others. This Newsletter is for you and about you. For content suggestions and ideas please contact Lady Suzanne Edwards at [suzanne.edwards@uqd-edu.eu](mailto:suzanne.edwards@uqd-edu.eu).



### *Quote of the Day!*

Do you have a quote or poem you wish to share?

If so please send it to Lady Suzanne at [suzanne.edwards@uqd-edu.eu](mailto:suzanne.edwards@uqd-edu.eu) for inclusion in the next issue.



**“To be in the NOW, think of the flame of candle. It does not exist in the past, nor does it exist in the future. It exists only in the NOW”**

**Grand Master Stephen Palmer**

*Poem of the Day!*

New Earth Star

Written by Sir Steven Cozzi Inspired by an unnamed Enochian angel



She shall be like an eternal spring morning

Like a star cast upon the sea of existence

And her light shall penetrate the four corners of the earth

and her wisdom shall lift the son's of man

Her blessing is cradled in the heart of the one God

who holds the keys that she can handle

anointed at breast and brow her light is the prism that sustains all creation

great is her love but greater is the science of love

*In the World News*

Check out the following article from Exopolitical Writer Jon Wright which exposes the harsh reality of so many refugees who lose their lives each year drowning in the Mediterranean Sea hoping to reach European shores. It explores how Western governments sit complacently by as this crime against humanity unfolds before their eyes. To read this article click or copy link into your browser

[www.ugd-edu.eu/pages/StephenPalmer/docs/Holding%20Corporate%20Governance%20Responsible.pdf](http://www.ugd-edu.eu/pages/StephenPalmer/docs/Holding%20Corporate%20Governance%20Responsible.pdf)

